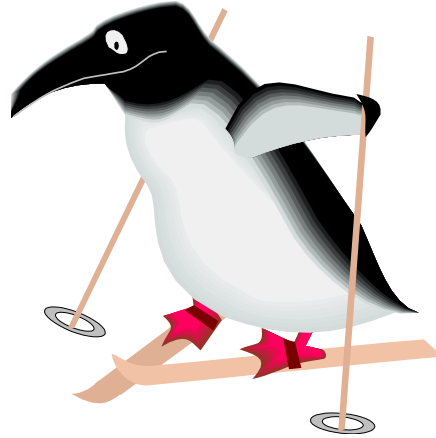


# **18<sup>th</sup> Annual Appalachian Conference**

*“Beat the Heat”*



**Winter Camp Out  
February 11-13, 2011  
Pipestem Resort State Park  
Pipestem, WV**

[www.appconf.org/cem/royalrangers](http://www.appconf.org/cem/royalrangers)

# **“Winter Camping – A Great Experience” Thanks**

**Thank you to all the Outposts for making the Winter Campout a successful event in the past 18 years. To all the Royal Rangers, Commanders, Conference staffs from many different Conferences, your church, pastors and many other groups who were a supporting arm in providing your Outposts with the means to attend these Winter Campouts.**

We anticipate the 18<sup>th</sup> annual Appalachian Conference Winter Camp-Out will be a fun-filled time to be enjoyed by all who attend. The Winter Camp-Out is a great time to meet new friends and make memories of friendship, fun and memorable times and above all – a fellowship with J.C., the Master Ranger.

**Pre-registration is Jan. 21, 2011 with a \$75.00 fee for your Outpost.** This \$75.00 will be subtracted from the total amount due. The fee per person is \$30.00, which will be due upon the outposts arrival at Pipestem. *This \$30.00 per person includes: a patch, Friday evening meal, activities, campground fees, awards and a hat.* **The campground has heated bathhouse and showers.**

**\*\*\*\* Uniforms are not required at the Campout \*\*\*\*\***

PLEASE – fill out all of the required forms and collect fees as soon as possible and mail to the correct person and addresses:

- **Make copies of the Parent permission form and medical form for each boy attending the campout.** Once they are filled out, keep the **original** with the Senior commander/responsible parties while your Ranger Outpost travels. Please keep the second copy with a second commander.
- **Pre-registration form and \$75.00 (to Appalachian Conference, Royal Rangers) and mail to Steve Allen 5691 Howell Drive Dublin, VA 24084.**

Your prompt response to this 2011 Winter Camp Out Packet is appreciated, as the amount of food for Friday evening is based on the early “head count.” We look forward to seeing each of you at the Camp Out, whether you are coming for the first time, or coming back again for winter fellowship.

If you are considering bringing family members, the lodge and cabins are usually available at Pipestem Resort. The phone number is 1-800-CALL WVA. Ask for Pipestem Resort State Park.

**MAY GOD’S BLESSINGS BE WITH YOU AS YOU TRAVEL.**

In Christ,

**Steve Allen -- Winter Campout Coordinator**

**5691 Howell Drive, Dublin, VA 24084**

**Phone: 540-674-6703 or my cell # 540-239-4612 or e-mail at**

***royalrangers1@comcast.net***

## INFORMATION ON THE SLED RACE

### Mitch Hale Memorial Sled Race

Now is the time to prepare for the annual Mitch Hale Memorial Sled Race at the 2011 Appalachian Conference 18<sup>th</sup> Annual Winter Camp Out. We request you do not delay in building the outpost sled, (prior to arrival) and in the spirit of Royal Rangers:

#### **The sled race is for FUN, and Christian Sportsmanship is expected!**

- Each Outpost needs to bring a stopwatch and we will be requesting assistance from commanders to help with the race.

#### **Rules, regulations for the Sled Race Competition follow:**

- 1) Each outpost must have an original homemade sled (one per outpost.)
- 2) Sled can be made of any material.
- 3) There will be no weight requirements.
- 4) Sleds must be pushed or pulled by the boys, no wheels or engines or any Mechanical or Electrical devices are allowed.
- 5) Each outpost can have more than one team – Discovery, Adventure and Expedition Rangers, but you need only **one sled for each outpost.**
- 6) Sleds will be pushed or pulled by three boys, with one Ranger riding.
- 7) A Ranger will ride on the sled. Teams are four-man teams.
- 8) As many as two alternates may be allowed, with substitutions at a station. This would account for six members from an outpost on a team, with only four involved at any given time. If you have an odd number of boys, they can join up with other Outposts to complete a team. **We will have individual awards for the winning teams.**
- 9) Competition will begin at a designated area. Each team will be timed. Each team will stop at designated stations and perform tasks. These skills may include (not limited to) compass, cut and chop, tool craft, crosscut saw, rope craft, fire craft, snow ball competition, scripture quiz, singing, Frisbee throwing, frozen slick pig slinging, iron skillet toss, 1-ton tent toss, Ha! Ha!, etc. As the course is refined, definite areas will be relayed to commanders.
- 10) Judging: Time to complete the course and points for completing each stations.

**Safety Note:** At any time during the race, if an official feels the sled is dangerous (broken, falling apart, etc.) the sled CAN be pulled from the course. If time allows, the team may be allowed to make necessary repairs and re-enter the race from the starting position. The previous race time will not count. Once a team has completed the course, the team will not be allowed to re-enter the race.

*Bring all the needed hardware, tape, extra parts that you might need to make any necessary sled repairs. Note: In case of a tie, a second run will be held!*

## Recommended Equipment List for Winter Camp Out

COMMANDERS – COPY THIS EQUIPMENT LIST FOR EACH MEMBER OF THE OUTPOST AND LEADERS WHO MAY BE ATTENDING.

Note: This is only a suggestion; please add to this list to be prepared for **any** winter weather. *Extras of any item may benefit a brother who might be in need.*

**Note: Uniforms are not required or expected, so no need to pack it.**

### Personal items:

**Bible**

**Toothpaste and Toothbrush**

**Comb**

**Lotion (dry skin)**

**Lip Balm**

**Wash clothe**

**Shampoo**

**Toilet kit**

**2 towels**

**Soap (in aluminum foil or plastic soap container)**

**Sunglasses (Optional – snow blindness)**

**Camera and film**

**Personal first aid kit**

**Cup/Plate/Spoon/Fork/Knife (mess kit)**

**Camp stools or folding camp chair**

**Tent** (large army arctic tents for your Outpost works great).

**Sleeping pad** (Therma Rest, foam pad, etc. \*\*\* This is an important item to shield from the cold ground and is for the protection of the Royal Ranger).

**Cot** - this is a great item that will keep you a good distance from the ground, if your tent is big enough to handle a few cots. Also, you may add a sleeping pad to your cot for added protection from the circulating air under the cot.

**Ground cloths** – large tarps to be used inside of the large tents on the ground – this keeps mud and snow from being tracked in as much.

**Sleeping bag** – check insulation and add extra liners if needed.

**Several Wool blankets or Winter Blankets (what ever you may need for your Outpost)**

**1 tarp** (10X12 or 8X10) for building shelters, canopies

**Flashlight with extra batteries**

**Canteen**

**Lanterns (propane)**

**Waterproof matches and Fire starter**

**2 (or more) Large trash bags**

**Compass**

**Whistle**

**Pillow – optional**

**Snacks – optional**

## Recommended Equipment List for Winter Camp Out, page 2

There is a heated bathhouse and showers with hot water and a dryer near the campsite.

**Clothing: all of these items are strongly recommended, as a minimum :**

**Use this as a checklist for packing.**

**Please, stay away from Cotton clothing.**

Consider these brands or materials for Winter camping; Fleece, Coolmax polyester, Thermax™ “Gore-tex Windstopper fleece”, “Gor-tex”, “Polarguard” Polypropylene, Down, Thermastat, Smart wool, Underarmor); Try to encourage your boys to acquire some waterproof clothing, the Goodwill shops, Thriftshops, yard sales are good sources and not expensive to look for these items. It’s also a good idea for the commanders to check out these sources to acquire extra items for your outpost.

**3 sets of shirts/trousers (boys will get wet in the snow)**

**2 Fleece Zip-ups or wool pullovers (Fleece, Coolmax)**

**2 pair thermal underwear (tops and bottoms) Coolmax, Thermax,  
Thermastat**

**4 pair of underwear**

**4 pair of wool socks (wool socks are warmer than cotton or polyester)**

**Caps/toboggans**

**Neck scarves**

**3 pair of gloves (Neoprene, Fleece, Windstopper, windbloc, Wind Shear, Gore-tex, Seal-Skin**

**Snow boots (Arctic’s)**

**Tennis shoes (optional)**

**Rain and Snow gear**

**Winter Weight Coat(s)**

**Coveralls**

**Insulated Coveralls**

**Survival Blankets**

**Swim Trunks and extra towel - heated pool at the lodge**

**\*Money (bring a few dollars in quarters for use of the dryer, and there are some vending machines at the indoor pool area.) **The pool will be an extra \$3.50 per person.** The Senior Commander is responsible for collecting from the each person who wants to go to the pool.**

**\*Optional: Pillow**

For wet weather, it is important to stay dry, so change into dry gloves, socks and clothing often. Wind chill is also critical, so layering is important for warmth. Remember - layering clothing in the cold is your best protection.

Two or Three thin layers is better than one heavy layer.

Additional Equipment for Recreation Time: **personal sled**

**PLEASE, DO NOT BRING: Radio, CD Player, Noise Makers, iPods, etc.**

# *Winter Camping Rocks!*

## **Letter to Parents**

Dear Parent:

In order for your son(s) to attend the Appalachian Conference Royal Ranger Winter Camp Out, **February 11-13, 2011** at Pipestem Resort State Park, Pipestem, West Virginia, it is necessary for you to give your permission.

Your son(s) will be responsible to obey his Commanders while he is under their leadership. Therefore, we request you encourage proper behavior so we all can have a SAFE, FUN, WONDERFUL time.

Please provide a copy of your **insurance card** with your sons' updated Medical History Form, in case of injury or sudden illness, etc. to answer questions a treating facility may ask.

### **Fees**

**The fee for the Campout is \$30.00 each.** This fee includes a hat, patch , awards, park facilities, Nature Center, the cost of camping per person, and Friday evening meal.

**The swimming area will be an additional \$ 3.50** for each Royal Ranger who wishes to go to the pool. Please turn this money in to your son's commander separately. Your outpost will be providing all meals other than Friday evening.

THANK YOU! Royal Rangers is a ministry to better serve your son by "Reaching, Teaching and Keeping Boys for Jesus Christ."

**Please complete the "Parent permission form," the "Medical History and Release Form" and give to the commander with a copy of your insurance card.**

## Parent Permission Form:

Name \_\_\_\_\_ Age \_\_\_\_\_ Outpost \_\_\_\_\_

Date of Birth: Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

The boy named above has my permission to attend the Appalachian Conference Royal Ranger Winter Camp Out, February 11-13, 2011 at Pipestem Resort State Park. Except in the case of gross negligence, I specifically agree to release the Appalachian Conference of the International Pentecostal Holiness Church Royal Rangers, and their staff, and the (Church) Commanders from the responsibility of accident or injury to the above named boy(s) while he is participating in the activities, programs or services provided in conjunction with the Conference Winter Campout.

Signed: \_\_\_\_\_ (Parent or Legal Guardian)

Date: \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### ***Royal Rangers Medical History and Release Form*** **A parent or a guardian must complete this form**

Boy's name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

#### ***Emergency Contact Number***

Mother's name \_\_\_\_\_ Home Phone(\_\_\_\_) \_\_\_\_\_

Cell phone(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_

Father's name \_\_\_\_\_ Home Phone(\_\_\_\_) \_\_\_\_\_

Cell phone(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_

## Royal Rangers Medical History and Release Form, cont.

Emergency contact, other than parents or guardian:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Home Phone(\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_

Cell phone(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

2<sup>nd</sup> Emergency contact other than parents or guardian:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Address \_\_\_\_\_

Home Phone(\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_

Cell phone(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

### *Physical Conditions*

Please check all that apply:

<input type="checkbox"/> Allergies	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Asthma	<input type="checkbox"/> Eye, ear, nose or throat	<input type="checkbox"/> Sensitive to sugar
<input type="checkbox"/> Bed wetting	<input type="checkbox"/> Frequent colds	<input type="checkbox"/> Stomach upsets
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart condition	<input type="checkbox"/> other: _____

Please detail any item checked above \_\_\_\_\_

**Date of last Tetanus injection** \_\_\_\_\_

Please list any medication and dosage this child is on:

Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_

Any swimming or other camp activity restrictions? \_\_\_\_\_

*In case of emergency*, I hereby give my permission to the licensed physician and hospital or clinic selected by the Leader in charge to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child. I understand this will be used only after reasonable attempts have been made to reach the parent or guardian above.

Signed, \_\_\_\_\_ Date \_\_\_\_\_

Parent or Guardian